Myers-Briggs Type Indicator (MBTI)  
Form (M: Self-Scoring)

Instructions

Please complete prior to the ‘Building the Course Team’ session as you need to know your result in order to participate fully in that session.

Completing the MBTI will give you an understanding of your preferences in dealing with many day to day situations independently and with others. It will also give you valuable insights into why others behave and act the way they do. With this information, you can better understand the dynamics of relationships and how to manage your actions, so you can build effective relationships. Your results are personal and you will not have to share your overall "type" with anyone if you don't wish. However, you will find participation in the various exercises that accompany the interpretation of the MBTI interesting as they illustrate the dimensions of human personality. You will be given more information on the MBTI in the session. The reason for not giving you background on the MBTI until after you complete the questionnaire is to ensure your responses are not biased and skewed by knowledge of the instrument. If you have already completed an MBTI in the past, you may find repeating it helpful. The exercises that we will be doing in the session will also help you to apply the theory of this tool to the course coordinator role.

1. The objectives behind completing the MBTI form are:
   • To learn about your own personality type.
   • To learn about a range of personality types and how this may influence interpersonal relationships.
   • To gain insights into how aspects of your personality influence your effectiveness as a course coordinator.
   • To be able to use your understanding of personality theory to more effectively understand and lead people and teams.

2. Notes About the MBTI
   • The MBTI is an indicator – not a test.
   • Each question is a forced-choice question and requires that you make a choice.
   • There are no right or wrong answers – answer as you see fit.
   • The MBTI form takes about 20-40 minutes to complete.
   • The MBTI looks only at normal behaviour – and your preferences.
   • There are no good or bad types – only strengths and some pitfalls.
   • It will give practical results you can use.
   • Each year over 2 million people take the MBTI.
Most major Australian companies use the indicator for organisational development purposes: e.g. Australia Post, QANTAS, Telstra, and the ATO.

3. Completing the MBTI

- Think broadly about how you are across your overall day to day life when answering the questions. Do not just think about how you are at work. By thinking broadly, this will ensure you get a measure of your overall personality type, as opposed to just your work type.
- Please read the instructions on the front page.
- Please ensure you press hard using a ball point pen when you answer the questions as the form is carbonated and your answers must press through three pages.
- If you make a mistake, do not erase, just blacken the box marked in error and select another answer.
- There are two pages of questions to answer.
- When you are finished, you may open the MBTI by tearing the perforated strip along the side of the form.
- There are instructions for scoring your form and determining your MBTI profile.
- Your profile is a 4 letter combination.
- We will be discussing the various personality types at our session.

If you want to learn more about your personality type once you have determined your profile, you can obtain an overview from the TypeLogic website (http://typelogic.com). Click on the 4 letter profile that matches your score.